

May 3rd, 2009

Issue 5 Vol. 1

# RRAGS To RECOVERY NEWSLETTER

Available on the website at:  
[www.rragsna.org/newsletter.html](http://www.rragsna.org/newsletter.html)



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### Quick Quote

*What is the most important part of the 5th Step? ... The prayer after the talking is done!*  
- Anonymous

The purpose of the Rock River Area Group Services (RRAGS) Committee is to be supportive of its member groups and their primary purpose. RRAGS accomplishes this task by linking the groups within the area, helping groups deal with their basic situations and needs, providing services as directed by its member groups, providing services within its communities, and by encouraging the growth of the fellowship of Narcotics Anonymous.

The primary purpose of the RRAGS' Area Newsletter Subcommittee is to carry the message to addicts by informing the public that NA exists in the Rock River Area and that NA offers a method of recovery from the disease of addiction. The Secondary purpose of the RRAGS' Area Newsletter Subcommittee is to improve communication among RRAGS subcommittees, RRAGS and its member groups and RRAGS' member groups and their members.

## FROM ABROAD...

### Step Five

"We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Our inventory does not automatically deliver us from the bondage of addiction. There is a long way to go, but it certainly begins the process and gives us continued hope for the future. We gain acceptance of our natures with hope for positive change. We are often very surprised to find out exactly what we wrote when we share our Fifth Step. We often feel a great sense of freedom after doing our Fifth Step. We may still find fault with ourselves and despair that we'll ever really recover.

Addiction surrounds our entire life with walls of fear that have kept us prisoners much of our lives. Working the Fifth Step exposes all our negative feelings and begins the demolition of these walls once and for all. We will finally be free to begin building a whole new life based on a solid foundation of truth, self-honesty and trust. The 12 Steps have helped us to find and trust God, ourselves and another human being, often for the first time in our lives. We cannot do this alone. Remember, this is a 'we' program and together, we find courage, hope and faith to share our inventory. We have to be vulnerable - it's a chance we must take. We learn that

### On the Website....

## CleanTime Calculator!



[www.ragsna.org/cleancalculator.html](http://www.ragsna.org/cleancalculator.html)

**Want to contribute to the newsletter? We want your stories!**

**We want your opinions**

**(preferably stated in a loving and caring way).**

**Visit [www.ragsna.org/newsletter.html](http://www.ragsna.org/newsletter.html) click the link to go to the submission page**

perfection is a unrealistic, fear-based idea. We don't have to be perfect.

Through writing and sharing we find forgiveness and acceptance. The Fifth Step can be upsetting for some of us. The bondage of our addiction has had a physical hold on us. This Step will be a positive affirmation of our new feelings of trust in our Higher Power and another human being.

One member shares, "Before I even began my 4th step, I had shared with my sponsor my fear of even admitting to anyone even some of the things I had done in my walls of fear. Whenever I think about working the Fifth Step, I think of the walls of fear that have kept me a prisoner of my own life. I think about working this step and ridding myself of all of the negative feelings that have ruled my life. These walls will finally be knocked down and I will be free to begin to build a whole new life based on a solid foundation of self-honesty, truth and freedom from fear. My entire life has been lived inside walls of fear. Negative feelings kept me back in the prison of my disease."

For some of us, building bonds of trust is one of the hardest things we have ever done. For as long as we can remember, we would never allow ourselves to trust anyone. To trust someone meant you had to get to know them and let them know you. Trust is an empty-handed leap into the void - we cannot prepare ourselves for trusting. There is no way to defend ourselves against the risk of acknowledging who we are and letting other people and the God of our understanding into our lives. To get to know them meant letting them get to know us and we always believed that once they got to know us they would reject us.

*Cont on page 3*

# NARCOTICS ANONYMOUS

ROCK RIVER AREA R.R.A.G.S.

## Get Involved!

The Newsletter portion of the Digital Information Subcommittee could use your help and experience. No clean time requirements to be of service.

We meet the hour before Area Service Committee the First Sunday of Every Month.

The experience of sharing the contents of our Fourth Step inventory awakens us to the reality that we can change from the people we were into the people we want to be. Some of us heard when we were kids, "confession is good for the soul." Confession defined as 'telling everything' has nothing to do with the Fifth Step. Indeed, we seek to unblock the channel to God, to our own spirits, and to the rest of humanity that has been clogged up by our fear, denial and ego. Admitting who we are and what we've done doesn't amend the record, but it puts us on the record for owning our past decisions. The principle that we learn here is integrity and we must first accept that the disease had corrupted our personal morals.

By looking at and sharing our inventory, we seek to restore our the fractured lives by trusting the healing process of the Steps. We find it easier to admit our wrongs because we no longer fear their return. We aren't the people we were but we aren't fully recovered either. For come, the fear of returning to our old ways motivates us in recovery but as we re-integrate our lives, Higher Power becomes a greater motivator than fear ever was. Trust comes from acceptance; remember that we learned this in the Second Step. With the self-acceptance we gain through the process of our Fourth Step inventory, we come to self-trust with the admission of our role in our difficulties of the past and our personality problems in the present.

Further, we act on our acceptance of a loving, supportive God and grow to trust our Spirit in all areas of our lives. Best of all, the mutual acceptance that we experience from sharing our Fifth Step becomes mutual trust, as we grow to love and respect ourselves by loving others. That is what we mean when we say, "God, grant me the courage to be searching and fearless". The mem-

bers of our Fellowship teach each other to care and trust. What we think we know about trust is flawed. Trust used to be an immediate thing in our active addiction: We trusted each other to an extent because we each got high. Today, we learn to let the process happen. We open ourselves to others knowing that trust is something that we need to practice. We give them the benefit of the doubt and see what they do with our trust . . .

No matter what the other person may choose to do with the things that we entrust to them is why we say, "Trust is earned and rightfully so." The way we earn it is by being ourselves so others know what they are dealing with. The fact that all addicts suffer from the same disease helps us build trust bonds.

There are no unique addicts. We have differences as people and degrees of sickness but underneath we have similarities that are far more remarkable. Acknowledging this helps us begin to trust one another. Our powerlessness and our defective personalities are a common bond. As we increase our understanding of ourselves, we understand others and our compassion grows. We don't have to get it right from the start. Sharing involves some skills and practice improves our ability to enlarge our world by sharing. Once we establish trust with even one person, we may have difficulty until we know what

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**Ever Wonder Why Rock River Area Group Services does things they way they do?**

**Want to know what makes up our Prudent Reserve?**

**Want to know the requirements to be a trusted servant?**

**Find all this and more in our policy packet available on the website at: [www.ragsna.org/policypage.html](http://www.ragsna.org/policypage.html)**

### WE NEED HELP!

This newsletter cannot stay alive without your support. We need articles submitted by YOU. Ever want to voice your pleasure or displeasure with an issue related to recovery? This can be your forum.

However, no one seems to want to make a submission, if this continues then there would appear to be no need to continue this newsletter. Please see the website for submissions.

the 'rules' are.

Being able to give and receive with trust builds a bond between us. We gain much from this Step. Through prayer, willingness and our ability to share on this Step, we gained trust. We begin to feel like we aren't alone. We see some of our worst fears removed. There were things we opened-up and choked-up and got out that we never thought we would share. We feel the benefit almost immediately afterward. We feel freedom through simply releasing the wreckage and garbage that we had kept pent-up inside. We found the willingness to share our deepest, darkest secrets with another human being. We gained insight to push aside the fear and walk through that opening.

A member shares, "The meaning of courage has changed as I have grown in Narcotics Anonymous. At first courage was an illusion that I put on. I never knew the exact meaning, only that the opposite of courage was cowardice. I remember how much of my life was full of fear, how I felt like a coward but could not let anyone know how terrified I was. I always put on an illusion of how courageous, uncaring, and ruthless I was. I always considered courage a physical quality. Today I am aware of the spiritual and emotional aspects of courage. I have learned that it can be easier to run away to avoid life's trials and tribulations but true courage is walking through

the fear and learning to work through the pain and the problems. Courage today is walking through the fear, putting one foot in front of the other, working towards the solution, and having the courage to let fellow addicts help and guide me."

Paralyzing fear is a reality. Progress comes 'step by step.' We learn to trust ourselves and become vulnerable enough to walk through the terror. We had always thought that the only antidote to fear was courage. Not so! Fear dissolves under any spiritual principle! Spiritual principles are based on Faith and Faith kills fear. Sharing our inventory with another human being opens the door to sharing with others. This is a basic building block in our reconciliation with the human race. Human beings would have died out as a species if simple errors were ordinarily fatal. Most of our errors have the effect of curbing or preventing our growth, restricting us to limited pathways where there is seemingly little fear of failure. Fear of failure can 'lock us up' in permanent isolation and ineffectualness.

We need to reconcile ourselves with this reality if we are to go on with our lives as healthy people. Before we admit the exact nature of our wrongs, they still have great power over us. When the truth is out, we know the first moments of freedom. It is the end of our struggle to continue denial. It is resuming our emotional development that was stopped when the defect first appeared. Our inability to come to terms with something arrested our growth in that area. For recovering addicts, it may be helpful to say to ourselves, "It happened while I was using and that's not how I am clean." Our decision-making

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#### **"Spanish speaking NA members needed!**

RRAGS PR Subcommittee would like to meet with you to discuss the possibility of forming a Spanish language NA meeting.

**For more information please contact**

**Eric D. (815-997-2335)**

**or Rob K. (815-315-2303)**

# NARCOTICS ANONYMOUS

ROCK RIVER AREA R.R.A.G.S.

ability, our ability to see or hear clearly, our ability to react accurately to life in general, all these were hampered or disabled by our active addiction. Even today, our disease will try to make the pain of our recovery seem greater than the continual pain that we carried with us. Like the odd twist that allows freedom to come from surrender, when we are able to make ourselves vulnerable we will know an increase of life. To be vulnerable is to expose ourselves to the reality of another person. If they hurt us, it is on them and we will be able to go forward. We are not as fragile as our disease makes us feel. While we may experience failure repeatedly in finding those we can trust, God will reveal them to us as long as we continue to practice our part in trust. Our spiritual courage is a signal to others like ourselves.

We may feel a spirit when we share our Fifth Step. This is part of what changes our lives. Heightened awareness, sensitivity, interest and a sense of the miraculous may infuse us when the pain inside is set free. While our Fifth Step is a spiritual and emotional reality, it has the effect of demolishing the walls we have erected to conceal our fear and terror from others. So strong is the hold of our pain that we fear to take action as if it will tear our flesh when we pull it away from the injury. We don't work the Steps to lose at life. We work them to win. The gains can be terrific but the ones that mean the most to us are the simple, everyday abilities that used to be beyond most of us. The blockage that has held us back so long has resulted in structures within our personalities that echo past pain, real or imagined. The pain replays itself in a similar situation and we re-

## Did You Know?

**You can view the Basic Text, All the IPs and Most Other NA Literature right from our Area's Website!**

Visit <http://rragsna.org/naliterature.html>

**You can download and print it too!**

## ANNOUNCEMENT

The Hospitals and Institutions Subcommittee needs your help! We need men and women to volunteer to go into the Jails and carry the message of recovery thru Narcotics Anonymous! There are limited clean time requirements, background checks, and volunteers must not currently be on probation or parole. For more information attend the H&I Subcommittee Meeting held the one hour before Area on the First Sunday of the month. See with website for details on when and where area meets at <http://rragsna.org/ascrotation.html>. Or e-mail the committee at [hi.chair@rragsna.org](mailto:hi.chair@rragsna.org)

act as if injured whether we are or not. The failure to respond accurately to our environment is one phase of insanity and the defects have to be relaxed and ironed-out to regain functional ability in that area. Peace begins when we find a way that allows us to feel safe enough to stop fighting. Forces that seem to have been working destructively in our lives slowly change into sources of strength rather than conflict. Our addiction set us at odds with the world around us in many ways. This is not to say the world is perfect and that all living problems dry-up when we start living life clean and working the Twelve Steps of recovery. It is through the Fifth Step that we re-unite with the world and the people around us. Who and what we are takes form as we share with others. Most of us are full of unshared feelings, hopes, fears and aspirations. When we are re-connected, this flows out of us and we regain a sense of purpose and balance.

*--Reprinted from the Narcotics Anonymous Way of Life, Traditions War: a pathway to peace, The Spirit of NA or NA Twenty Plus*

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*Victor H. S., Jr.*

*N.A. Foundation Group*

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### N. A. WORLD NEWS...

#### OUR AMBITIOUS CONFERENCE CYCLE CONTINUES TO MOVE FORWARD!

The World Board met 21–24 January 2009 in Chatsworth, CA, and we had a productive first meeting of this new year. Our agenda centered on conference projects and NAWS' current financial picture. Additionally, we discussed changes to the US shipping rates and translated Basic Texts; we discussed WCNA 33,

committed motions, and met for a half day with the Human Resource Panel. These activities did not cover our entire agenda, yet they offer a glimpse of how we spent our time.

The current financial picture for NAWS mirrors the current global economic downturn. While steps have been taken to reduce overall expenses for public relations activities and travel requests, we remain optimistic that our current financial status can be turned around.

We will be releasing drafts of the Self-Support pamphlets and *In Times of Illness* for a ninety-day review-and-input period on 1 March. We believe that as members and committees review the Self-Support pamphlets, each of us will gain a new understanding of what it means to be self-supporting and how funds are expended. Tied into self-support and responsibility is US fellowship shipping charges, which have not changed in over ten years even though actual shipping costs have dramatically increased.

We spent a full day in a facilitated discussion focused on our Service System project. We have heard throughout the years at workshops what is lacking: an

attitude of giving back to a fellowship that saved our lives. This missing attitude manifests in disunity, lack of trusted servants, and declining financial resources and cooperation. The Service System project aims to help stem the tide of service disparities by working with our fellowship and the board.

We spent time reviewing committed motions and began our WSC seating discussions. We heard an update about the "Living Clean" project, which has received more than 1,300 responses to the online survey (404 completed surveys).

WCNA 33 registration numbers and the Barcelona site challenges completed our agenda. We have approximately 1,570 pre-registered for this August convention, and we are looking at ways to maximize our use of the location and increase registrations. As we have reported, we hope to see 5,000 members at the event in Barcelona, which for many will be a once-in-a-lifetime recovery event on the Mediterranean.

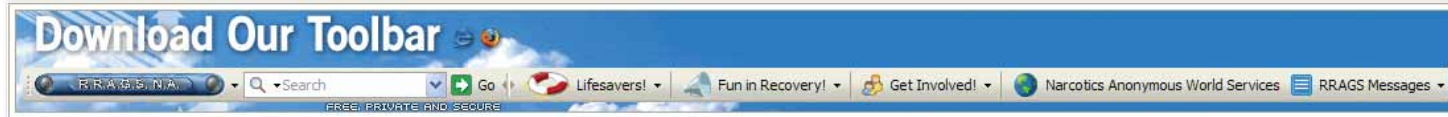
Finally, we are considering ways to maximize reporting and conserve production costs for *NAWS News*, *The NA Way*, and *Reaching Out*. We created a front-page synopsis for *NAWS News* and would like to encourage you to distribute this one page to your RSCs and RCMs. Please contact us with your ideas or experience at [worldboard@na.org](mailto:worldboard@na.org).

NAWS NEWS -

VOLUME EIGHT - ISSUE THREE - JANUARY 2009

*This article appeared last month as well, there is not a March 2009 News News Available as of the layout of this newsletter.*

**Did you know that all Area Trusted Servants including Group GSRs have a RRAGS e-mail address? Find them at:**  
[www.rragsna.org/trustedservants.html](http://www.rragsna.org/trustedservants.html)



Visit our website [www.rragsna.org](http://www.rragsna.org) and at the bottom of the main page you can download and install the toolbar into your internet explorer or other web browser. It contains links to our website as well as Narcotics Anonymous World Services Website.

### THE RECOVERY PUZZLE



### FROM THE NA WAY MAGAZINE...

#### Why contribute?

Supporting our services through contributions has been a challenge for us for a long time. Many of us don't like to talk about money—it somehow feels unspiritual to do so; and yet, the money we contribute is just as valuable as resources like trusted servants or effective presentation formats. We all seem to understand the need to keep our groups self-supporting, and yet we seem to forget that it is the money we contribute to our areas, regions, and world services that also helps carry NA's message. We all have the responsibility to fund the services that are provided on our behalf, and yet we still seem reluctant to contribute in a meaningful way. This is the first of a series of articles that will begin a conversation about contributions and self-support in Narcotics Anonymous.

We know that funding services through member contributions is not only a problem for us at world services, but occurs in areas and regions around the world. We are repeatedly asked to discuss this topic at workshops or to provide some sort of guidance to trusted servants in area and regional positions. Service committees struggle to fund the services they provide on behalf of NA groups. Oftentimes, this is due to low member contributions and money getting "stuck" somewhere in the service structure. We know that we tend to hold on to our money when we feel afraid or unclear about how that money is being spent. As your world board, our hope is to clarify the relationship between member contributions and the services NA World Services provides on behalf of members and groups. We encourage areas and regions to do the same.

At world services, the reality is that approximately eleven percent of our total available funds come from member contributions. In 2006, NAWS's total income, less discounts, was US \$6,830,772; of that, US \$764,393 (11.19%) was from contributions. That figure is only as high as it is because of the generous contributions of a small number of well-organized and financially viable

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### On the Website...

Interactive Area Coverage map with pinpoint locations for all the groups in the area. Zoom in, Zoom out.

Click on the pinpoint to open a small window with the name of the group, the address and a link to that groups webpage on our site!

Find a group you haven't been to yet. Load up some sponsees and oldtimers and take a road trip!  
[www.rragrna.org/meetings.html](http://www.rragrna.org/meetings.html)

# NARCOTICS ANONYMOUS

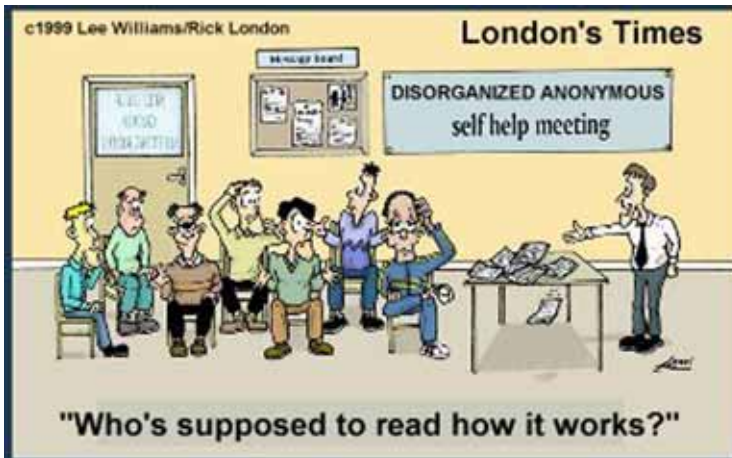
ROCK RIVER AREA R.R.A.G.S.

Wanna know what happens at the Rock River Area Group Services Committee Meeting each month?

View minutes from each month on the website:  
[www.rragsna.org/ascminutes.html](http://www.rragsna.org/ascminutes.html)

4 years of  
archives  
available

## NA LAUGHABLES...



## THIS MONTH NEW BEGINNINGS GROUP

New Beginnings of Beloit was started Feb. 2008 with a resentment, coffee and a Basic Text. We meet at 306 State St. in Beloit. Park in the back and go upstairs. We started with a Wednesday night 7pm-8pm and Saturday 12pm-1pm meetings. We then added a Sunday 6pm-7pm and Sat.4pm-5pm Womens issues meeting. The Womens meeting could use support. The others have anywhere from 5-15 members attending. We have couches! Hope to see You at a meeting. Remember, No Matter What we never have to use again.

*The Spotlight on Our Groups Section is a chance for our member groups to share a little of their history, how they got started, what the name means, how and why they got their format. It's an opportunity to find out more about the groups in our area, in the hopes that we will visit each other more often. To get your Group in the spotlight, get some old timers together, write up a few paragraphs and submit it through your group service representative (GSR).*

# NARCOTICS ANONYMOUS

ROCK RIVER AREA R.R.A.G.S.

**Does Your Group Need Something Added to the Website Calendar of Events or Put into this Newsletter? Please use the form below and have your Group Service Representative submit it at the Area Service Committee!**

## Digital Information Calendar Request

### Event Type

Group  Area  Convention  Subcommittee  Regional

Name: \_\_\_\_\_

Event Title: \_\_\_\_\_

Event Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Event Frequency:

One Time

Date: \_\_\_\_\_ Start Time: \_\_\_\_\_ End Time: \_\_\_\_\_

Repeating

Date: \_\_\_\_\_ Start Time: \_\_\_\_\_ End Time: \_\_\_\_\_

How Repeated: \_\_\_\_\_

*(Please describe: i.e., Last Monday of month; 3rd Tuesday of month, Friday before Area, etc.)*

\_\_\_\_\_

End Date: \_\_\_\_\_

### Additional Information

Flyer (Please attach copy or email to Digital Info at [webservant@rragsna.org](mailto:webservant@rragsna.org))

### Contact Information:

Submitted By: \_\_\_\_\_

Submitted On: \_\_\_\_\_ Phone: \_\_\_\_\_

# NARCOTICS ANONYMOUS

ROCK RIVER AREA R.R.A.G.S.

## RRAGS Area Events through June 2009

Friday, May 8, 2009  
9:30p-11:45p  
Game Night  
West Side Family

Friday, May 29, 2009  
9:30p-11:45p  
Game Night  
West Side Family

Friday, May 15, 2009  
9:30p-11:45p  
Game Night  
West Side Family

Saturday May 30, 2009  
3:00p-5:00p  
Cookout  
The Group

Saturday, May 17, 2009  
7:00p-8:00p  
Speaker Meeting  
New You Group

Saturday May 30, 2009  
5:30p-6:30p  
Speaker Meeting  
The Group

Friday, May 22, 2009  
9:30p-11:45p  
Game Night  
West Side Family

Friday, June 5, 2009  
9:30p-11:45p  
Game Night  
West Side Family

Tuesday, May 26, 2009  
6:00p-7:00p  
Speaker Meeting  
Freedom to Grow

Friday, June 12 2009  
9:30p-11:45p  
Game Night  
West Side Family

Wednesday, May 27, 2009  
12:00p-1:00p  
Speaker Meeting  
Freedom to Grow

View this calendar along  
with the flyers for each  
event on the website!

[www.calendar.ragsna.org](http://www.calendar.ragsna.org)

## RRAGS Area Events through June 2009

**Saturday, June 13, 2009**  
12:00p-6:00p  
Annual RRAGS Potluck Picnic  
Aldeen Park

**Friday, June 19, 2009**  
9:30p-11:45p  
Game Night  
West Side Family

**Saturday, June 21, 2009**  
7:00p-8:00p  
Speaker Meeting  
New You Group

**Friday, June 26, 2009**  
9:30p-11:45p  
Game Night  
West Side Family

**Tuesday, June 23, 2009**  
6:00p-7:00p  
Speaker Meeting  
Freedom to Grow

**Wednesday, June 24, 2009**  
12:00p-1:00p  
Speaker Meeting  
Freedom to Grow

Is your  
groups event missing  
from here? Ask your Group  
Service Representative to  
make sure it makes it to  
the digital information  
subcommittee so we  
can put it on the  
website and in  
this newsletter!

We are looking for submissions to this newsletter. If you would like to submit a personal story or have found something in NAWS Newsletter that would go well with our newsletter, please please please submit it. Submissions can be made via e-mail to [webservant@rragsna.org](mailto:webservant@rragsna.org) or can be turned in at the Area Service Committee the first Sunday of every month.

**This Space is Waiting  
for Your Home Groups  
Announcement!**

# NARCOTICS ANONYMOUS

## ROCK RIVER AREA R.R.A.G.S.

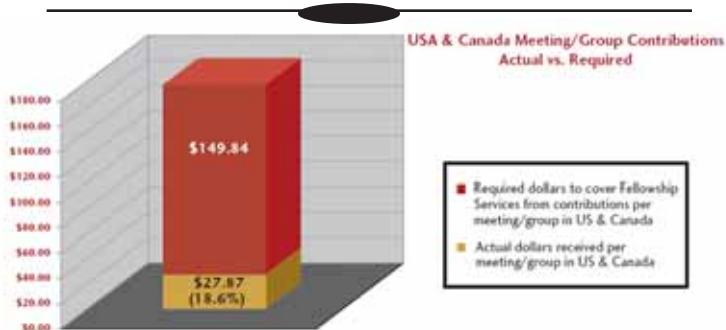
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regions. It is also worth mentioning that the value of the NA literature we give away to groups worldwide nearly equals the amount we receive in contributions.

We are often asked what it would take for our services to be completely funded by contributions. In trying to answer this question, we've developed the following chart that breaks down dollars contributed by groups worldwide and in the USA and Canada. This data shows approximately how much each individual group or meeting would need to contribute in order to fully fund the services provided directly to the fellowship by NAWS each year.

Although we receive contributions from all over the world, the largest portion of member contributions comes from the USA and Canada. As a result, we generated the same data looking only at how much each individual group or meeting in the USA and Canada would need to contribute in order to fully fund the services provided directly to the fellowship by NAWS each year.

Being a member of Narcotics Anonymous means more than just saying that we are members. Being a member means taking responsibility for supporting the services that continue to carry NA's message to other addicts in our home groups and around the world.



*In other words, dollars donated by US and Canadian meetings/groups currently covers about US \$28 (18.6%) of the nearly US \$150 dollars needed to cover the cost of services provided by NAWS. Every meeting/group in the USA and Canada would have to contribute nearly US \$150 each year to cover the cost of services provided by NA World Services.*

In the past several years, we as a fellowship have moved closer to realizing our vision of a world in which "every addict in the world has a chance to experience our message in his or her own language and culture and find the opportunity for a new way of life." NAWS has increased its efforts to foster

fellowshipwide discussions about issues that affect NA groups. We have led workshops and training sessions all over the world, increased translations efforts, and attended a historically high number of professional and fellowship events. We have increased our cooperative efforts to have neighboring regions, language groups, and zones help local communities with fellowship development and PR efforts, and we are constantly looking for ways to evaluate both our efforts and our costs.

NA World Services does a lot on behalf of the fellowship we all love and serve, and we believe our efforts have made our message more available to more addicts around the world than ever before. We are always left with a steadily increasing demand for services, while the funds available to cover the costs of those services are not increasing to match. This increased demand is a logical and expected result of our successful efforts to make our message more available. This is not bad news. It means that addicts around the world are finding recovery in NA and that we are fulfilling the underlying spirit of our Twelfth Step "to carry the message to the addict who still suffers." The point of this article is to provide some way for all of us to better understand the role our contributions can play in helping us better reach the still-suffering addict.

We hope to continue to demonstrate the relationship between members and groups, the service structure of NA, and the delivery of NA's message to those who need it. One way we're trying to make this connection is through articles like this one, discussions at workshops, and the Issue Discussion Topics. But making this connection is only part of the solution. All of us still have the essential role of demonstrating our support for the service efforts we have asked for, either directly or indirectly, through funding those services.

Many of us are aware of the ways in which our time and energy make it possible to carry NA's message to others. The money we contribute is just as valuable to making NA's message of hope and recovery available to more and more addicts. Our Twelfth Step teaches us that the more we help others, the more we help ourselves—and the generous act of contributing money to ensure our success at helping other addicts is no different. *NA WAY Magazine - Vol. 24 - Number 3 - July 2007*